



Five Star Quality Care, Inc.

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NEWS RELEASE

Five Star Senior Living Inc. Announces Appointment of Margaret Wigglesworth as Senior Vice President and Chief Operating Officer

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NEWTON, Mass.--(BUSINESS WIRE)-- **Five Star Senior Living Inc. (Nasdaq: FVE)** today announced the appointment of Margaret Wigglesworth, as Senior Vice President and Chief Operating Officer effective August 12, 2019.

Katherine Potter, Five Star's President and Chief Executive Officer, made the following statement:

"Margaret is a great example of Five Star's recommitment to investing in its team members. She is an experienced leader with a proven track record of delivering results. Margaret is uniquely qualified to drive strategic prioritization and accountability within Five Star, to achieve operational excellence. She joins an energetic and motivated team at the ideal time to capitalize on a number of opportunities as the senior living industry evolves."

With extensive management experience spanning nearly three decades, Ms. Wigglesworth brings valuable leadership to Five Star's executive team during a period of transformation. As Senior Vice President and Chief Operating Officer, she will lead Five Star's operations and direct various aspects of its administrative functions. Ms. Wigglesworth previously held leadership roles at the International Council of Shopping Centers, Cresa and Colliers International Group Inc.

Five Star Senior Living Inc. is a senior living and healthcare services company that operates senior living communities, including primarily private pay independent and assisted living communities located throughout the U.S. FVE is headquartered in Newton, Massachusetts.

[Warning Concerning Forward-Looking Statements](#)

This press release contains statements that constitute forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995 and other securities laws. Also, whenever Five Star uses words such as “believe”, “expect”, “anticipate”, “intend”, “plan”, “estimate”, “will”, “may” and negatives or derivatives of these or similar expressions, Five Star is making forward-looking statements. These forward-looking statements are based upon Five Star’s present intent, beliefs or expectations, but forward-looking statements are not guaranteed to occur and may not occur. Actual results may differ materially from those contained in or implied by Five Star’s forward-looking statements. Forward-looking statements involve known and unknown risks, uncertainties and other factors, some of which are beyond Five Star’s control. For example:

- The appointment of Ms. Wigglesworth as Senior Vice President and Chief Operating Officer of Five Star and the enumeration of her qualifications may imply that Five Star’s business and operations will improve as a result of her appointment. However, Five Star’s business and operations are subject to various risks, many of which are beyond its control. As a result, Five Star’s business and operations may not improve despite the appointment of Ms. Wigglesworth.

The information contained in Five Star’s filings with the Securities and Exchange Commission, or SEC, including under “Risk Factors” in Five Star’s periodic reports, or incorporated therein, identifies other important factors that could cause Five Star’s actual results to differ materially from those stated in or implied by Five Star’s forward-looking statements. Five Star’s filings with the SEC are available on the SEC’s website at www.sec.gov.

You should not place undue reliance upon forward-looking statements.

Except as required by law, Five Star does not intend to update or change any forward-looking statements as a result of new information, future events or otherwise.

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