



NEWS RELEASE

Teladoc Announces Commercial Availability of Integrated Teladoc - Best Doctors Mobile App Experience

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Teladoc members benefit from having a single point-of-entry for answers to a wide range of medical needs PURCHASE, NY, Jan. 09, 2018 (GLOBE NEWSWIRE) -- **Teladoc**, Inc. (NYSE:TDOC), the world's largest and most trusted provider of virtual care delivery services, announced today the commercial availability of its integrated mobile app experience. Members can now benefit from a single, patient-centered point of access to answers for a wide array of medical needs, as the app combines the high frequency care services traditionally provided by Teladoc, along with the expert specialty medical and second opinion services of Best Doctors. Following the successful limited release to select clients in Q4 2017, the integrated app is now commercially available for all joint Teladoc and Best Doctors current and future clients.

"The integrated mobile app is foundational for Teladoc as we have redefined virtual care delivery and are providing our members and their families with a better way to navigate their individual care journey. With an approachable, simple-to-navigate experience and a curated set of services, we are enabling members to get answers to a range of health needs, empowering them to make smarter decisions and ultimately improve their healthcare outcomes," says Dan Trencher, SVP of Product and Strategy for Teladoc.

Consumers are increasingly using mobile devices to take control of their healthcare journey, with nearly 74% of Teladoc visits being requested through mobile. In line with these trends, the new integrated app experience enables members to meet their care needs along a spectrum of conditions, whenever and wherever they are, removing the complexity of accessing care. In the same manner that members would request a visit for a respiratory infection or pink eye, they can now use their existing Teladoc account details to request and schedule an expert medical review of their diagnosis and treatment plan for complex and chronic conditions. With a few short steps, users are connected to a network of top experts and specialists who review their patient health

records, provide a detailed recommendation report, and if necessary, recommend treatment changes.

Further enhancing the care experience, the app enables members to receive notifications on their visits through the all-in-one messaging center, providing a complete picture of their care experience. With this messaging center, users receive updates on all upcoming visits, as well as a history of visits completed from general medicine, dermatology and behavioral health consultations.

For more information on the integrated app experience, visit [Teladoc.com/access](https://www.teladoc.com/access).

About Teladoc, Inc.

Teladoc, Inc. (NYSE:TDOC) is the world's largest and most trusted provider of virtual healthcare delivery services. Recognized by MIT Technology Review as one of the "50 Smartest Companies", Teladoc is forging a new healthcare experience with better convenience, outcomes and value. The company provides virtual access to high quality care and expertise with a portfolio of services and solutions – inclusive of coverage of 450 medical subspecialties – that spans the spectrum from non-urgent, episodic needs like flu and upper respiratory infections, to chronic, complicated medical conditions like cancer and congestive heart failure. By marrying the latest in data and analytics with its award-winning user experience and highly flexible technology platform, Teladoc has delivered millions of medical visits to patients around the globe. For additional information, please visit www.teladoc.com.

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