NEWS RELEASE

Global Medical REIT, Inc. Announces Date for Third Quarter Earnings Release and Conference Call

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BETHESDA, Md.--(BUSINESS WIRE)-- Global Medical REIT Inc. (NYSE: GMRE) (the “Company” or “GMRE”), a net-lease medical office real estate investment trust (REIT) that owns and acquires purpose-built healthcare facilities and leases those facilities to strong healthcare systems and groups with leading market share, announced today that it intends to release its third quarter 2019 financial results after the market closes on Wednesday, November 6, 2019. The Company intends to hold a conference call to discuss those results the following day, Thursday, November 7, 2019, at 9:00 a.m. Eastern Time. The conference call will be hosted by Chairman, President, and Chief Executive Officer Jeffrey Busch, Chief Financial Officer Robert Kiernan, and Chief Investment Officer Alfonzo Leon.

The conference call will be accessible by telephone and the Internet. To access the call, participants from within the U.S. should dial 1-855-327-6838, and participants from outside the U.S. should dial 1-604-235-2082. Participants may also access the call via live webcast by visiting the investor information section of the Company's website at http://investors.globalmedicalreit.com.

A replay of the call will be available from approximately 12:00 p.m. Eastern Time on November 7, 2019, through midnight Eastern Time on November 21, 2019. To access the replay, the domestic dial-in number is 1-844-512-2921, the international dial-in number is 1-412-317-6671, and the passcode is 10007586. The archive of the webcast will be available on the Company's website for a limited time.

About Global Medical REIT, Inc.

Global Medical REIT Inc. is net-lease medical office REIT that acquires purpose-built healthcare facilities and leases those facilities to strong healthcare systems and groups with leading market share. GMRE’s real estate portfolio is comprised of 91 buildings, which are leased on a triple-net basis and contain approximately 2.3 million leasable square feet. These assets are concentrated in secondary and tertiary markets across the United States. The Company’s management team has significant healthcare, real estate and REIT experience and has long-established relationships with a wide range of healthcare providers.

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