NEWS RELEASE

Global Medical REIT Inc. Announces Third Quarter 2018 Financial Results

2018-11-05

BETHESDA, Md.--(BUSINESS WIRE)-- **Global Medical REIT Inc. (NYSE: GMRE)** (the "Company"), a Maryland corporation engaged primarily in the acquisition of licensed, state-of-the-art, purpose-built healthcare facilities and the leasing of these facilities to strong clinical operators with leading market share, announces its financial results for the quarter ended September 30, 2018 by posting its Third Quarter 2018 Earnings Results and Operating Information package to the "Investor Relations" section of its website at www.globalmedicalreit.com.

The Company intends to hold a live conference call to discuss those results the following day, Tuesday, November 6, 2018, at 9:00 a.m. Eastern Time.

Conference Call Details
Participant Dial-In Numbers:
Domestic callers: 877-407-3948 / International callers: 201-389-0865

Access by Webcast
The call will also be simultaneously webcast over the Internet via the "Investor Relations" section of the Company's website at www.globalmedicalreit.com or by clicking on the conference call link: https://78449.themediaframe.com/dataconf/productusers/gmre/mediaframe/27092/indexl.html. An audio replay of the call will be archived on the Company's website.

About Global Medical REIT Inc.
Global Medical REIT Inc. is a Maryland corporation engaged primarily in the acquisition of licensed, state-of-the-art, purpose-built healthcare facilities and the leasing of these facilities to strong clinical operators with leading market share. The Company's management team has significant healthcare, real estate and public real estate investment trust, or REIT, experience and has long-established relationships with a wide range of healthcare providers. The Company elected to be taxed as a REIT for U.S. federal income tax purposes commencing with its taxable year ending December 31, 2016.

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