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NEWS RELEASE

The RMR Group Recognized for Employee & Leadership Development by the Institute of Real Estate Management

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NEWTON, Mass.--(BUSINESS WIRE)-- **The RMR Group Inc. (Nasdaq: RMR)** received the Real Estate Management Excellence (REME) Award for Employee & Leadership Development from the Institute of Real Estate Management (IREM) at its 2019 Global Summit in San Francisco, CA, on September 26, 2019.

IREM's REME Awards program recognizes companies and individuals for excellence in real estate management across several categories. The award for the Employee & Leadership Development category recognizes RMR's programs and initiatives for recruitment, onboarding, retention and professional development. After submitting a nomination earlier this year, RMR was named a finalist in August along with three other national real estate organizations. A video on RMR's employee programs, submitted in conjunction with the nomination, can be found at <https://bit.ly/2n25tMx>.

"This award from one of the commercial real estate industry's leading associations underscores the breadth and strength of RMR's employee programs," said Adam Portnoy, President and Chief Executive Officer of RMR. "As one of the country's largest and most diversified alternative asset managers with a vertically integrated real estate organization, we are keenly focused on attracting and retaining top talent and providing them growth and development opportunities to help sustain our continued growth as an organization."

This award follows several honors in 2019 from industry, media and government organizations achieved by RMR and the client companies it manages. Recently, RMR was ranked 75th on Fortune Magazine's 100 Fastest-Growing Companies list for 2019. Between January and June 2019, four properties managed by The RMR Group LLC achieved

BOMA 360 designations and four properties earned LEED certifications. In June 2019, RMR client company Office Properties Income Trust (Nasdaq: OPI) was named a 2019 Green Lease Leader. Lastly, in April, both RMR and OPI received 2019 ENERGY STAR® Partner of the Year Awards from the U.S. Environmental Protection Agency and the U.S. Department of Energy.

About The RMR Group Inc.

The RMR Group Inc. is a holding company and substantially all of its business is conducted by its majority owned operating subsidiary, The RMR Group LLC. The RMR Group LLC is an alternative asset management company that primarily provides management services to publicly traded REITs and real estate related operating companies. As of June 30, 2019, The RMR Group LLC had approximately \$30.6 billion of total assets under management, including more than 1,500 properties, and employed nearly 600 real estate professionals in more than 30 offices throughout the United States; the companies managed by The RMR Group LLC collectively had over 50,000 employees. The RMR Group Inc. is headquartered in Newton, Massachusetts.

WARNING REGARDING FORWARD-LOOKING STATEMENTS

This press release contains forward-looking statements within the meaning of the Private Securities Litigation Reform Act of 1995 and other securities laws. Forward-looking statements can be identified by use of words such as “outlook,” “believe,” “expect,” “potential,” “will,” “may,” “estimate,” “anticipate” and derivatives or negatives of such words or similar words. Forward-looking statements in this press release are based upon present beliefs or expectations. However, forward-looking statements and their implications are not guaranteed to occur and may not occur for various reasons, including some reasons beyond The RMR Group Inc.’s control.

For example, Mr. Portnoy states that as one of the country’s largest and most diversified alternative asset managers with a vertically integrated real estate organization, RMR is keenly focused on attracting and retaining top talent and providing them growth and development opportunities to help sustain its continued growth as an organization. This statement may imply that RMR is able to attract and retain top level talent and provide them development opportunities. However, the effectiveness of RMR’s recruitment and retention efforts are subject to labor and market industry factors outside its control. Additionally, the statement may also imply that attracting, retaining and giving development opportunities to top talent could help sustain its continued growth as an organization. However, RMR’s business is subject to various risks, including risks outside its control and its continued growth may not be sustained and could decline.

The information contained in The RMR Group Inc.’s filings with the SEC, including under the caption “Risk Factors” in The RMR Group Inc.’s periodic reports, or incorporated therein, identifies important factors that could cause differences from the forward-looking statements in this press release. The RMR Group Inc.’s filings with the SEC are available on its website and at www.sec.gov.

Except as required by law, The RMR Group Inc. undertakes no obligation to update any forward-looking statement, whether as a result of new information, future events or otherwise.

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