NEWS RELEASE

Teladoc Health to Participate in Upcoming Investor Conferences

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PURCHASE, NY, Feb. 18, 2022 (GLOBE NEWSWIRE) -- **Teladoc Health**, Inc. (NYSE: TDOC), the global leader in whole-person virtual care, announced today that Jason Gorevic, chief executive officer, and Mala Murthy, chief financial officer, will participate in the Citi Healthcare Conference on February 24, 2022, and the Cowen Healthcare Conference on March 9, 2022. A live audio webcast and replay of the presentations will be available at **http://ir.teladochealth.com/news-and-events/events-and-presentations/**.

About Teladoc Health
Teladoc Health empowers all people everywhere to live their healthiest lives by transforming the healthcare experience. As the world leader in whole-person virtual care, Teladoc Health uses proprietary health signals and personalized interactions to drive better health outcomes across the full continuum of care, at every stage in a person's health journey. Ranked best in KLAS for Virtual Care Platforms in 2021 and #1 among direct-to-consumer telehealth providers in the J.D. Power 2021 U.S. Telehealth Satisfaction Study, Teladoc Health leverages decades of expertise and data-driven insights to meet the growing virtual care needs of consumers and healthcare professionals. For more information, please visit **www.teladochealth.com** or follow **@TeladocHealth** on Twitter.

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