NEWS RELEASE

Teladoc Names Hirschhorn Chief Operating Officer

9/28/2016

New executive post aligns with Teladoc's industry leadership and continued expansion

LEWISVILLE, Texas--(BUSINESS WIRE)-- Teladoc, Inc. (NYSE: TDOC), the nation's leading provider of telehealth services, today announced that Mark Hirschhorn has been appointed to the newly created role of chief operating officer, while continuing to serve as the company's chief financial officer. The new role, and expansion of Mr. Hirschhorn's responsibilities, which closely follows two recent board additions, David Shedlarz and Helen Darling, is further indication of Teladoc's forward-looking trajectory.

This Smart News Release features multimedia. View the full release here:
http://www.businesswire.com/news/home/20160928005918/en/

Mark Hirschhorn, Teladoc CFO and COO (Photo: Business Wire)

"Mark is a seasoned and trusted member of our executive team who consistently delivers results," said Jason Gorevic, Teladoc chief executive officer. "As Teladoc's aggressive growth trajectory has continued, Mark's presence in this new role will allow us to marry our innovation engine with industry-leading operational practices as we drive and extend our market leadership across all segments."

Since joining Teladoc in 2012 as executive vice president and CFO, Mr. Hirschhorn has played an invaluable role in advancing the company's financial infrastructure and strategic direction, including Teladoc's initial public offering in 2015. With more than 25 years of financial management experience in both entrepreneurial ventures and large corporations, he also has been instrumental in establishing Teladoc's industry-leading operations.

"I'm exceptionally proud of the company we've built and am incredibly energized to partner with Jason, and the leadership team, to help lead our next phase of corporate growth, winning the hearts and minds of our members and extensive client base," said Mark Hirschhorn, Teladoc COO and CFO.

Mr. Hirschhorn previously held the role of chief financial officer at both RCS/Media Monitors and BT Radianz, where he led the restructuring and rebuilding of the company's finance department and directed all aspects of the company's 20 domestic and foreign subsidiaries. Prior to that, he spent five years as the vice president and global controller of RSL Communications, a publicly traded multinational telecommunications company, and as CFO of Delta Three Communications, a publicly traded RSL subsidiary and pioneer in VOIP technology. He started his professional career with Deloitte, spending nine years with the firm.

Mr. Hirschhorn received a Bachelor of Arts degree from Rutgers University in 1986 and a Master of Business Administration degree from Rutgers Business School in 1987. He is a member of the American Institute of Certified Public Accountants.

About Teladoc

Teladoc, Inc. (NYSE:TDOC) is the nation's leading provider of telehealth services and a pioneering force in bringing the virtual care visit into the mainstream of today's health care ecosystem. Serving some 6,000 clients — including health plans, health systems, employers and other organizations — more than 15 million members can use phone, mobile devices and secure online video to connect within minutes to Teladoc's network of more than 3,100 board-certified, state-licensed physicians and behavioral health specialists, 24/7. With national coverage, a robust, scalable platform and a Lewisville, TX-based member services center staffed by 400 employees, Teladoc offers the industry's most comprehensive and complete telehealth solution including primary care, behavioral health care, dermatology, tobacco cessation and more. For additional information, please visit **www.teladoc.com**.

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