NEWS RELEASE

Teladoc to Present Pre-Conference Seminar at The Conference Board 16th Annual Employee Health Care Conference

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Healthy Disruption for Care Delivery: Examining the Advantages of Telehealth for Employers

DALLAS--(BUSINESS WIRE)-- Teladoc, Inc. (NYSE: TDOC), the nation's first and largest telehealth provider, announced it is presenting "Healthy Disruption for Care Delivery: Examining the Advantages of Telehealth for Employers," a pre-conference seminar at The Conference Board 16th Annual Employee Health Care Conference in New York City and San Diego on March 9 and March 16, 2016, respectively.

The seminar will examine the telehealth market and its impact as a solution that is revolutionizing the provider and patient relationship. Teladoc employer panelists, including Human Resource executives from EMC, Golden Living, Pilot Flying J, TMobile and Wabtec, will discuss the implications of telehealth for employers and employees, while provider experts will address the importance of clinical quality, security, resolution, continuity of care and return on investment (ROI). Featured sessions and speakers include:

- Market Dynamics and Direction of Telehealth
  Jason Gorevic, Chief Executive Officer, Teladoc
- Telemedicine, Where We Are and What's Next
  Allan Khoury, M.D., Ph.D., National Telemedicine Practice Leader, Willis Towers Watson
- Telehealth: the Employers View
  Employer Benefits Executives Panel
- Telehealth Study Findings, ROI Analytics
  Niteesh Choudhry, M.D., Ph.D., Principal, Veracity Healthcare Analytics

- Clinical Considerations for Telehealth
  Dr. Henry DePhillips, Chief Medical Officer, Teladoc
  Expert Provider Panelists

About Teladoc

Teladoc, Inc. (NYSE: TDOC) is the nation's first and largest telehealth platform, delivering on-demand health care anytime, from almost anywhere via mobile devices, the Internet, secure video and phone. Teladoc provides consumers with access to its network of more than 3,100 board-certified, state-licensed physicians and behavioral health professionals who provide care for a wide range of non-emergency conditions. With a median response time of less than 10 minutes, Teladoc physicians performed over 575,000 telehealth visits in 2015. Teladoc and its physicians consistently earn a 95 percent member satisfaction rating or better, and Teladoc is the first telehealth provider to be certified by the National Committee for Quality Assurance (NCQA) for its physician credentialing process.

Recognized in June 2015 by MIT Technology Review as one of the "50 Smartest Companies," Teladoc works with health plans, employers, organizations and individuals to provide access to affordable, high-quality health care on-demand. Teladoc is transforming the access, cost and quality dynamics of health care delivery. For more information, please visit **teladoc.com**, **twitter.com/teladoc**, **facebook.com/teladoc** or **linkedin.com/teladoc**.

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