



NEWS RELEASE

CenturyTel to Participate in Analyst Conference

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MONROE, La., Jan. 2 /PRNewswire-FirstCall/ -- CenturyTel, Inc. (NYSE: CTL) announces that it is scheduled to participate in the following analyst conference:

Citi Global Entertainment, Media & Telecommunications Conference	Tuesday January 6, 2009
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Conference host may provide webcast availability in some cases. For information regarding the specific presentation time and webcast availability, please visit the Investor Calendar on CenturyTel's Investor Relations Web site at ir.centurytel.com. Participation in this conference is subject to change. Therefore, please check the company's Investor Calendar prior to the conference.

CenturyTel (NYSE: CTL) is a leading provider of communications, high-speed Internet and entertainment services in small-to-mid-size cities through our broadband and fiber transport networks. Included in the S&P 500 Index, CenturyTel delivers advanced communications with a personal touch to customers in 25 states. Visit us at <http://www.centurytel.com>.

SOURCE CenturyTel, Inc.

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