



NEWS RELEASE

CenturyTel to Participate in Analyst Conferences

2008-11-21

MONROE, La., Nov. 21 /PRNewswire-FirstCall/ -- CenturyTel, Inc. (NYSE: CTL) announces that it is scheduled to participate in the following analyst conferences:

Gabeilli & Company	Thursday
Best Ideas Conference	December 4, 2008

J.P. Morgan	Friday
Tenth SMid Cap Conference	December 5, 2008

UBS 36th Annual	Tuesday
Global Media and Communications Conference	December 9, 2008

Conference hosts may provide webcast availability in some cases. For information regarding the specific presentation times and webcast availability, please visit the Investor Calendar on CenturyTel's Investor Relations Web site at ir.centurytel.com. Participation in these conferences is subject to change. Therefore, please check the company's Investor Calendar prior to the conference.

CenturyTel (NYSE: CTL) is a leading provider of communications, high-speed Internet and entertainment services in small-to-mid-size cities through our broadband and fiber transport networks. Included in the S&P 500 Index, CenturyTel delivers advanced communications with a personal touch to customers in 25 states. Visit us at <http://www.centurytel.com>.

SOURCE CenturyTel, Inc.

Contact: Tony Davis of CenturyTel, Inc., +1-318-388-9525, tony.davis@centurytel.com