



NEWS RELEASE

CenturyTel to Participate in Analyst Conferences

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MONROE, La., May 11 /PRNewswire-FirstCall/ -- CenturyTel, Inc. (NYSE: CTL) announces that it is scheduled to participate in the following analyst conferences:

Morgan Stanley Telecommunication Services Corporate Access Day	Thursday May 14, 2009
37th Annual J.P. Morgan Global Technology, Media and Telecom Conference	Monday May 18, 2009

Conference hosts may provide webcast availability in some cases. For information regarding the specific presentation times and webcast availability, please visit the Investor Calendar on CenturyTel's Investor Relations Web site at ir.centurytel.com. Participation in these conferences is subject to change. Therefore, please check the company's Investor Calendar prior to the conference.

CenturyTel (NYSE: CTL) is a leading provider of communications, high-speed Internet and entertainment services in small-to-mid-size cities through our broadband and fiber transport networks. Included in the S&P 500 Index, CenturyTel delivers advanced communications with a personal touch to customers in 25 states. Visit us at www.centurytel.com.

SOURCE CenturyTel, Inc.

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