



NEWS RELEASE

CenturyTel to Participate in Analyst Conferences

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MONROE, La., Feb. 6 /PRNewswire-FirstCall/ -- CenturyTel, Inc. (NYSE: CTL) announces that it is scheduled to participate in the following analyst conferences:

Deutsche Bank's 2009 Media and Telecom Conference	Monday March 2, 2009
Raymond James 30th Annual Institutional Investors Conference	Wednesday March 11, 2009

Conference hosts may provide webcast availability in some cases. For information regarding the specific presentation times and webcast availability, please visit the Investor Calendar on CenturyTel's Investor Relations Web site at ir.centurytel.com. Participation in these conferences is subject to change. Therefore, please check the company's Investor Calendar prior to the conference.

CenturyTel (NYSE:CTL) is a leading provider of communications, high-speed Internet and entertainment services in small-to-mid-size cities through our broadband and fiber transport networks. Included in the S&P 500 Index, CenturyTel delivers advanced communications with a personal touch to customers in 25 states. Visit us at www.centurytel.com.

SOURCE CenturyTel, Inc.

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